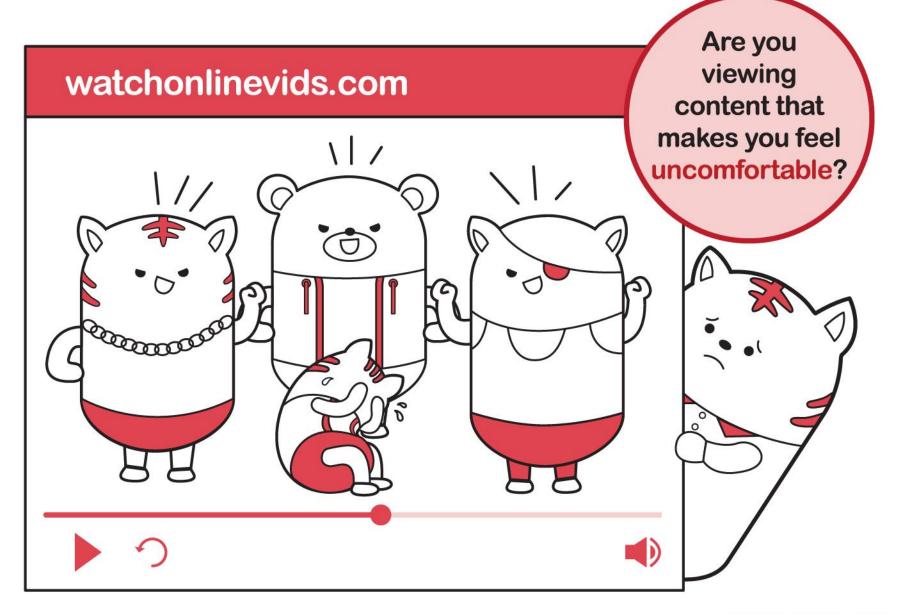
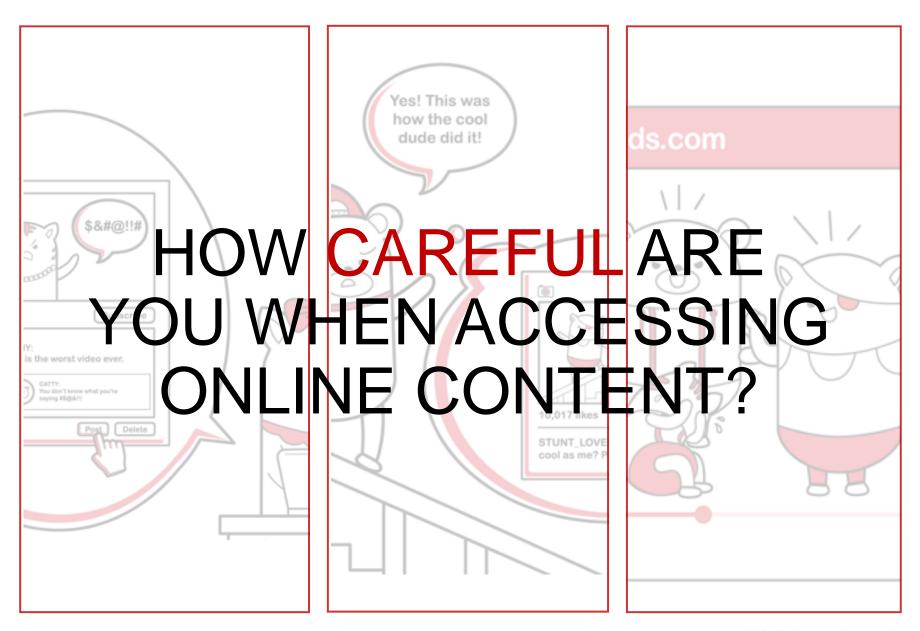


CYBER WELLNESS
Responsible Digital Learners











CYBER WELLNESS FRAMEWORK

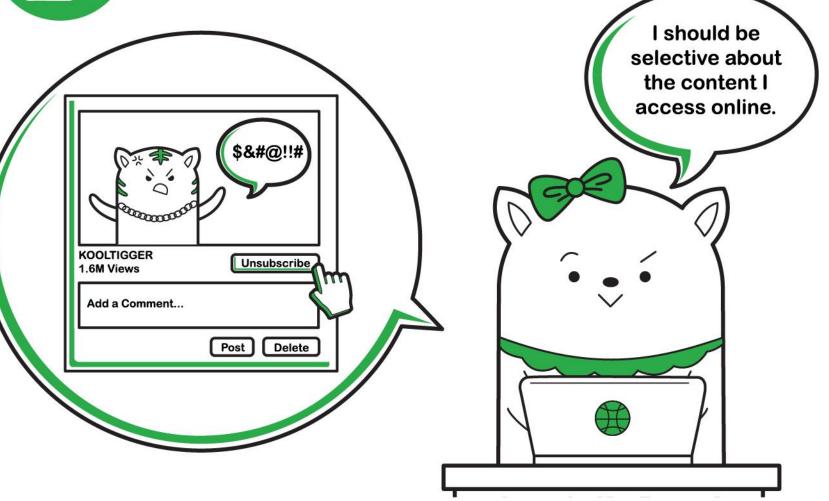






Avoid inappropriate online

content







Check your feelings when you see unsuitable content







3 TIPS

to be careful when accessing online content!



Avoid inappropriate online content



Check your feelings



Talk to a trusted adult



"Be careful when accessing online content!"

