



Sharing with Parents on Developing Your Child To Be a Positive Peer Influence Online





OVERVIEW

- 1) Current Technology Trends
- 2) Online Opportunities and Risks
- 3) Positive Peer Influence
- 4) MOE's Cyber Wellness Education
- 5) Parents as Partners



1) Current Technology Trends

Singapore: A Wired Nation



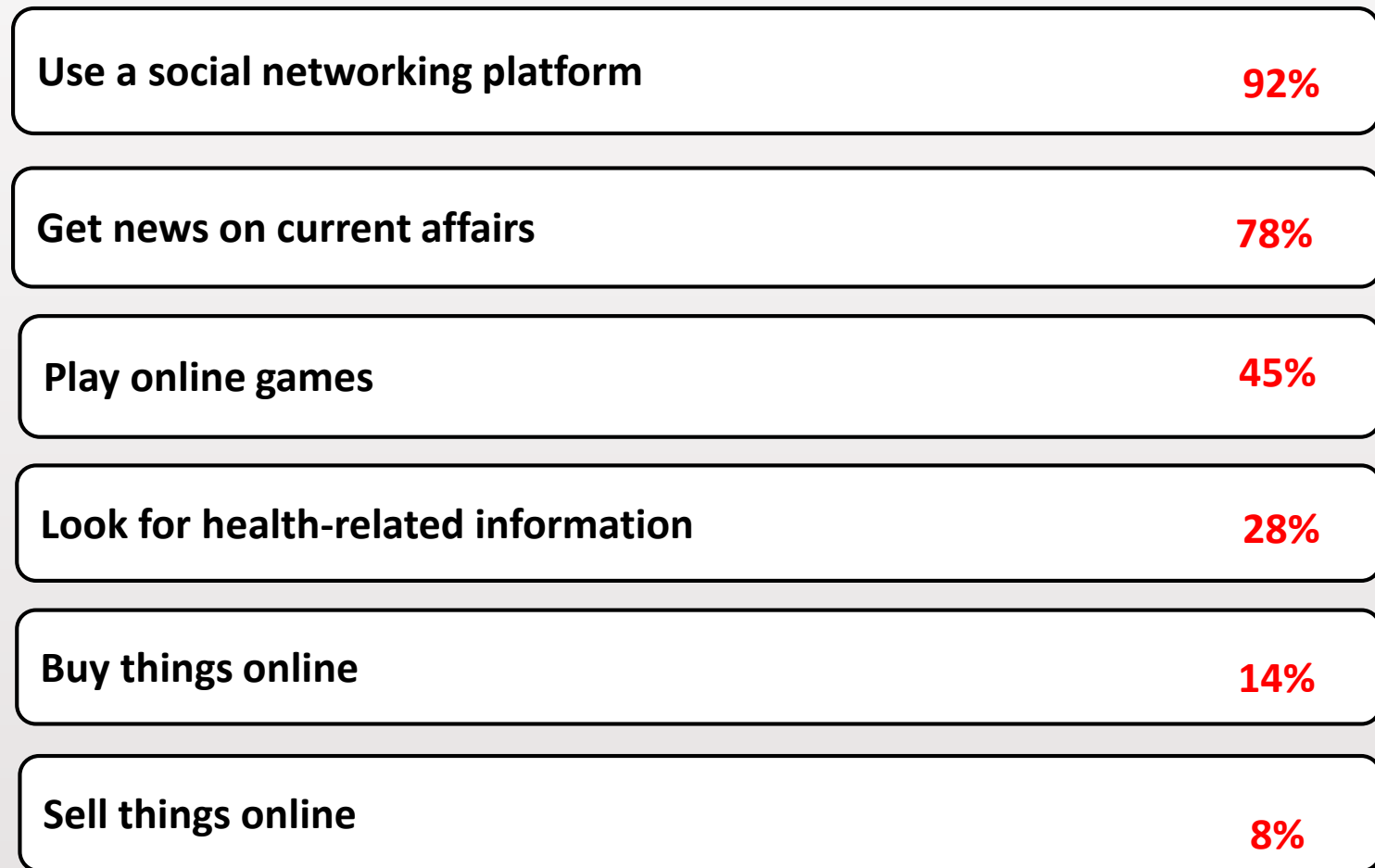
- Singapore's mobile penetration rate: 149.8% in 2016¹
- Our children access the Internet > 4-7 days a week and start using the Internet at 6.1 years old²
- 42% of our youth spend 10 hours or more per week on online activities³

1. Department of Statistics Singapore

2. IMDA Zero-to-Fourteen Consumer Experience Study 2015

3. National Youth Survey 2016

Daily Internet Use Among Youth (aged 15 – 19)



Source: National Youth Survey 2016



2) Online Opportunities and Risks

Online Opportunities

Harness technology for learning

➤ Future-Ready and Responsible Digital Learners





Online Risks

While technology offers value, it may bring some potential risks such as:

- Cyber Bullying
- Excessive Internet Use
- Danger with Online Contacts
- Inappropriate Online Content



3) Positive Peer Influence

What is Positive Peer Influence?



Let's watch a video: "Cyber Ninja Strikes"

Video Link:

https://sdma.moe.edu.sg/cos/o.x?ptid=588&c=/sdma/sdma_gal&func=view&rid=4299





What is Positive Peer Influence?

Peer influence is the effect an individual can have on their friends to change their attitudes, values or behaviours.

The Cyber Wellness principle of positive peer influence encourages our students to:

- Be a positive role model online
- Advocate positive online behaviour



Why is Being a Positive Peer Influence Online Important?

Being a positive peer influence online will help your child to:

- Exercise empathy
- Develop resilience and moral courage



Why is Being a Positive Peer Influence Online Important?

Being a positive peer influence online will help your child to:

- Learn responsibility for words and actions
- Leave positive digital footprints



4) MOE's Cyber Wellness Education

Cyber Wellness Key Messages

1. ICT is an integral part of the learning environment
2. Cyber Wellness Education anchored on three CW principles

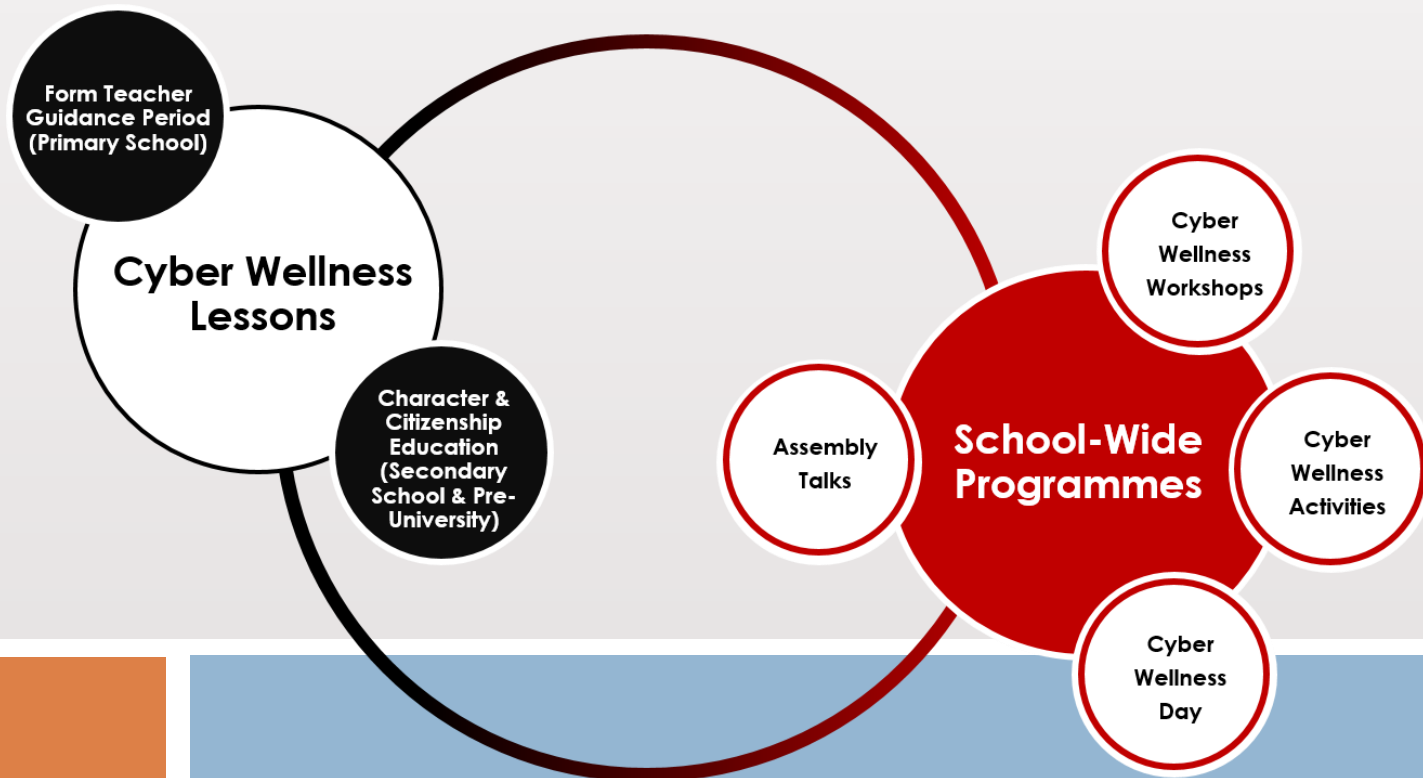


These principles will anchor a child's well-being in cyberspace as they can make careful and well-considered decisions.

MOE's Cyber Wellness Education



MOE's Cyber Wellness Education comprises the following components to reinforce the importance of Cyber Wellness and its messages.





School-wide Programmes

Examples of our school-wide programmes:

- CCE Lessons on Cyber Wellness
- Training of Cyber Wellness Student Ambassadors (CWSAs) to share the termly messages with the student cohort
- Cyber Wellness workshops
- Cyber Wellness assembly programmes



5) Parents as Partners



How Can Parents Help?

Encourage your child to:

- Be **S.U.R.E.*** before sharing.
 - **Source**
 - **Understand**
 - **Research**
 - **Evaluate**

*The S.U.R.E. campaign is an initiative by the National Library Board to promote the importance of information searching and discernment.

<http://www.nlb.gov.sg/sure/sure-campaign/>

How Can Parents Help?

Encourage your child to:

- **T.H.I.N.K.** before posting. Ask: “Is it **T** True? **H** Helpful? **I** Inspiring? **N** Necessary? **K** Kind?”



T

Is it T True?

H

Is it H Helpful?

I

Is it I Inspiring?

N

Is it N Necessary?

K

Is it K Kind?

How Can Parents Help?

Encourage your child to:

- Be an upstander for friends who are cyber bullied



C

Calm them
down

H

Hear
them out

E

Empathise
with them

E

Encourage
them to
seek help

R

Refers to a
trusted adult



How Can Parents Help?

Encourage your child to:

- Use technology for good, such as:
 - Helping seniors to use technology
 - Supporting good causes
 - Spreading positive messages online

Key Messages to Parents



VALUE THE IMPORTANCE OF BEING A POSITIVE PEER INFLUENCE ONLINE



ENCOURAGE YOUR CHILD TO BE A POSITIVE PEER INFLUENCE ONLINE



MODEL POSITIVE ONLINE HABITS



GUIDE YOUR CHILD TO USE TECHNOLOGY FOR GOOD



IN SUMMARY...



CYBER WELLNESS FRAMEWORK



ROLE OF PARENTS



**VALUE THE IMPORTANCE
OF BEING A POSITIVE PEER
INFLUENCE ONLINE**



**ENCOURAGE YOUR
CHILD TO BE A POSITIVE
PEER INFLUENCE ONLINE**



**MODEL POSITIVE
ONLINE HABITS**



**GUIDE YOUR CHILD TO
USE TECHNOLOGY FOR
GOOD**

USE TECHNOLOGY WISELY



Share **healthy** and **positive** content online



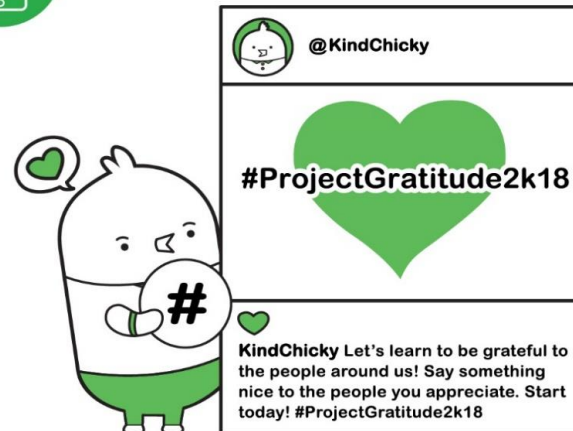
Post **positive** comments online



Be an **upstander!**



Use technology for **good**



CYBER WELLNESS



Resources



Ministry of Education

Check out MOE's Cyber Wellness Portal for up-to-date cyber wellness tips and resources for parents.

ictconnection.moe.edu.sg/cyber-wellness/for-parents



Media Literacy Council

Check out the Media-WISE SMART guide for Youths for tips on how your children can stay safe and kind online.

medialiteracycouncil.sg/-/media/MLC/Resources/Pdf/Youth/Media-Wise.pdf



National Library Board

Pick up some research skills and learn more about the S.U.R.E. method from NLB's eLearn Centre.

nlb.gov.sg/sure/elearn-centre



Every Parent A Supportive Partner

